



ORAL HEALTH AND DIABETES

Roughly one-fourth of Americans, over 80 million people, are either diabetic or pre-diabetic. About 92% of the 24 million diabetics are Type II (non-insulin dependent); leaving over 56 million pre-diabetics, and that is astounding! Millions of pre-diabetics will become diabetics in the next few years. Diabetes is the fastest growing disease in the U.S. and the sixth leading cause of death.

So what is the connection between oral health and diabetes? Suffice it to say that diabetes makes dental problems worse, and dental problems make diabetes worse.

Good oral health greatly benefits everyone but especially pre-diabetics and diabetics. Research shows that both groups are at greatly increased risk of heart and/or kidney disease if gum disease exists.

See a dentist, get treatment as necessary and improve your quality of life. For more information visit this diabetes website:

<http://www.diabetes.org/diabetes-statistics/prevalence.jsp>

